

# Human Sexuality and Responsibility

## High School Opt-Out



Dear Parent/Guardian,

During your child's health class, he or she will participate in the Human Sexuality and Responsibility curriculum. The curriculum is age appropriate and scientifically accurate. The teaching of human sexuality is covered under Board Policy EHAA (Legal) and (Local). The high school health curriculum includes the lessons listed below.

You are welcome to preview the curriculum and lesson overviews online at [www.austinisd.org/pe-health/health-education](http://www.austinisd.org/pe-health/health-education) and preview lessons in your campus library prior to instruction or at the parent orientation meeting. Please contact your campus principal for the scheduled date.

If you **do want** your child to participate in these lessons, no further action is required.

If you **do not want** your child to participate in these lessons, please check the lessons that you want your child to opt out of, sign and date below, and return this form to your child's health teacher. Alternative lessons will be provided for your child in a different location.

### I want my child to opt out of (check all that apply):

- Unit 7 Lesson 27 Family Health, Healthy/Respectful Relationships
- Unit 7 Lesson 28 Relationships
- Unit 7 Lesson 29 Marriage Circles Activity
- Unit 7 Lesson 29 Parenting and Paternity Awareness
- Unit 8 Lesson 30 Male and Female Reproductive System and Abstinence
- Unit 8 Lesson 31 Reproduction and Heredity
- Unit 8 Lesson 32 Contraception and Benefits of Abstinence
- Unit 8 Lesson 33 Establishing Paternity
- Unit 8 Lesson 34 Sexually Transmitted Diseases
- Unit 8 Lesson 34 Consent/Setting Boundaries

**My child will opt out of all of the lessons.**

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date