

AISD RESOURCE GUIDE FOR CAREGIVERS 2019-2020

FIRST CALL FOR HELP **DIAL 211**

Main information & referral resource in Travis County-- food, clothing, shelter, health education, support groups, special transportation and more.

24 hrs. a day in English & Spanish

www.unitedwaycapitalarea.org/gethelp

<https://www.unitedwayaustin.org/connectatx/>

Austin Police

DIAL 911

ALCOHOL/DRUG :

[AL-ANON & ALA TEEN](#) (512) 441-8591

Support groups for families of alcoholics.

[Phoenix House](#) (512) 440-0613 x4745

Crisis Intervention, drug & alcohol abuse.

[Palmer Drug & Abuse Program](#) (512)-927-0422

Free services for teenagers.

[OSAR \(in Roundrock\)](#) (512) 244-8444

Free outreach, screening & assessment referral.

[Youth Advocacy](#) (512) 444-9505

Counseling and drug court assistance.

ABUSE:

[Asian Family Support Services](#) (512) 651-3743

Assistance for Asian/immigrant families dealing with domestic violence.

[Center for Child Protection](#) (512) 472-1164

For abused children and families.

[APD Victim Services](#) (512) 974-5037

Crisis intervention for crime victims.

[SafeAlliance](#) (512) 267-7233

Counseling for survivors of domestic violence and sexual assault.

COUNSELING:

[Austin Child Guidance Center](#) (512) 451-2242

Child/family counseling, testing, parenting.

[Communities in Schools \(CIS\)](#) (512) 462-1771

Counseling support on 41 AISD campuses.

Contact your child's school.

[Integral Care](#) (512) 472-4357

Child/youth counseling, consultation, education.

[LifeWorks](#) (512) 735-2400

24 hr. hotline, individual & group counseling for youth and families.

Runaway shelter for youth.

[SafeAlliance](#) (512) 267-7233

Counseling for survivors of domestic violence and sexual assault.

[Vida Clinic /School Mental Health](#) (512)-518-2209

School based mental health services. Contact your child's school or call the Vida Care Line.

[YWCA](#) (512) 326-1222

Targets girls and provides individual and group counseling for self-esteem, behavior, and depression.

CHILD CARE/EDUCATION/DEVELOPMENT:

[Child Inc./Head Start](#) (512) 451-7361

Provide early childhood education (0-5) and support services.

[Extend a Care/YMCA Programs](#) (512) 236-9622

[Workforce Solutions/Child Care](#) (512) 597-7191

Daycare Hotline 1-800-862-5252

CRISIS SERVICE:

[Integral Care](#) (512) 472-HELP (4357)

• PES Psychiatric Emergency Service

• MCOT Mobile Crisis Outreach Team

[Crisis Text Line](#) 741-741

[Texas Youth Hotline](#) 1-800-989-6884

[Texas Youth Hotline Text #](#) (512) 872-5777

[National Suicide Hotline](#) 1-800-273-TALK (8255)

[CPS Hotline](#) 1-800-252-5400

EDUCATION

[Premier High School](#) (512) 444-8442

Designed for credit recovery, early graduation...

[ACC – Adult Education/GED/ESL](#) (512) 223-5123

GED prep, ESL classes, college prep

[Literacy Coalition of Central Tx](#) (512) 326-8655

GED Prep, job training and placement.

[American YouthWorks](#) (512) 744-1900

High school diploma services, job readiness training.

[El Buen Samaritano](#) (512) 439-8900

Provides education on legal rights, citizenship, ESL classes, Emergency food, clothing, health services for Hispanic families.

EMPLOYMENT:

[Austin Area Urban League](#) (512) 478-7176

Job training on the job training and placement.

[Texas Workforce Commission](#) (800) 558-8321/(512) 463-2222

Job search and placement for ages 16 and up.

[Gary Job Corps](#) (512) 396-6652

Vocational training for boys and girls, ages 16-24.

FAMILY SUPPORT/CHILDREN WITH SPECIAL NEEDS

[Easterseals](#) (512) 478-2581

Services for children and adults with disabilities.

NAMI

[\(National Alliance for the Mentally Ill\)](#) (512) 420-9810

Information/referral, support groups for those families affected by Mental health issues.

[Any Baby Can](#) (512) 454-3743

Help for low-income families with high-risk children age birth to 12.

Support services, respite care and crisis assistance for children with chronic illness or disabilities.

[CHADD](#) 1-(866)-200-8098

Children and Adults with Attention Deficit Disorder

[AISD Family and School Support Team](#) (512) 414-0726/

Supports families with children with disabilities. (512) 841-4717

[ARC of the Capital Area](#) (512) 476-7044

Offers basic needs/crisis assistance, family caregiver support, case management. Provide free services to

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adults and children with a developmental disability.

Texas Parent to Parent 866-896-6001 or (512)-458-8600
Provides support, information, and education for families of children of all ages who have disabilities or chronic illness.

VELA (512) 850-8281
Support, information and resources for families of children with special needs.

FINANCIAL ASSISTANCE
211 Texas/Connect ATX 2-1-1 or (877) 541-7905

Travis County Family Support Services: (512)-854-4120
Several locations

Texas Department of Health and Human Services
Food stamps, AFDC, Medicaid, Job skills.
(78702) = (512) 929-7330
(78745) = (512) 445-0022
(78754) = (512) 339-8868

GRIEF AND LOSS COUNSELING:

Austin Center for Grief & Loss (512) 472-7878
Hospice Austin (512) 342-4700
Christi Center (512) 467-2600
Wonders and Worries (512) 329-5757

HEALTH/HOSPITAL:

Austin ISD Virtual Care for Kids: (512) 813-6850
Telehealth through our partnership with Virtual Care for Kids. Enroll when registering students through <https://my.austinisd.org>.

Central Health: (512)-978-8130
Central Health works through a network of [health care partners](#) to connect uninsured, underinsured, and low-income residents with high-quality, cost-effective health care.

Children's Health Express Clinic (512) 324-0060
Must call for an appointment-- \$15.00 charge

CommUnityCare Health Care Centers (512)-978 9015
Comprehensive coordinated primary care. Physical, behavioral, dental...

Dell Children's (512) 324-0029
Provides personalized in/outpatient behavioral and mental health services to children/family.

Lone Star Circle of Care 1-877-800-5722
Offers an integrated behavioral health program.

Manos De Cristo Dental Clinic (512) 477-2319

People's Community Clinic: (512) 478-4939
Family planning, counseling, teen clinic and HIV/AIDS testing. Sliding scale based on income and insurance.

Planned Parenthood (512) 477-5846
Family planning, pregnancy and birth control education.

Public Health Immunization (512) 972-5520
\$10.00 charge

HOUSING

Austin Tenants Council (512) 474-1961
Housing resources and assistance with housing problems. See website for times.
Housing Authority of the City of Austin (512) 477-4488
Affordable housing and avenues to self sufficiency
The City of Austin Housing/Community Partners and Online Resources (512) 974-3100

IMMIGRATION

Mexican Consulate (512) 478-2866
Deferred Action for Childhood Arrivals

AISD Refugee Services for Families (512) 414-0545
Provides support and guidance for AISD families.

Refugee Services of Texas (512) 472-9472
Refugee and displaced persons resources, referrals.

Catholic Charities Of Central Texas – (512) 651-6100
Legal representation in immigration matters.

Immigrant Center for Education & Legal Services (RAICES) (512) 994-2199x160

Help completing forms, filings with USCIS, Asylum Interviews. Representative before Immigration Court

American Gateways (512) 478-0546
All Immigration DACA Cases.

UT Immigration Clinic (512) 232-1292
Support in detention & removal proceedings.

LEGAL AID SERVICES

Texas Access and Visitation 1-866-292-4636
Allied Legal Services (512) 472-3237
Legal information /assistance on child custody, child support.

Disability Rights of Texas
Support for persons with a disability (512) 454-4816

Texas Rio Grande Legal Aid (512) 374-2700
Free legal assistance for low-income families in civil cases.
Texas Advocacy Project (512) 476-5377
Free legal advice for divorce, custody and family violence.

Dispute Resolution Center (512) 371-0033
Conflict management and mediation - \$50.00 per party.

Volunteer Legal Services (512) 476-5550
Free civil legal services for AISD families. Wednesdays, Webb MS 6p-7p

American Gateways (512) 478-0546 ext. 200
Immigration legal services at no or low cost, education and advocacy.

YOUTH SERVICES

Out Youth Austin (512) 419-1233
Support groups and referral services for LGBTQ youth.

PFLAG: support for LGBTQ people (512) 302-3524

Big Brother, Big Sister: mentoring age 6-16 (512) 472-5437